



# 2,5km RUN ROUTE: Duathlon

The run route is just shy of the 2.5km mark and takes athletes out of the campsite to the gravel road and back through the campsite.

**START:**

The 2,5km run forms the last leg of the Duathlon and athletes will leave from their transition area after the bike leg.

**WATER POINTS:**

There one water point along the route:

**Sakekamer:** will man the point that also serves as the turnaround point for the 2,5km run route.

**MARSHALS:**

There are 12 marshal stations along the route. Each station aims to have at least two marshals with flags.

**ARROWS:**

Arrows will be positioned to direct athletes.

